



October 2002 version

# **KIDirectory**

**Phone Number helpers for your family**

**Provided by the Vernon School Readiness Council**

# EMERGENCY PHONE NUMBERS

<b>POLICE, FIRE, AMBULANCE</b>	<b>911</b>
Poison Control Center - 24 hour emergency service for poisoning at UCONN Health Center	800-222-1222
Vernon Police Department, 725 Hartford Turnpike, Vernon, CT 06066	information 860-872-9126
State of Connecticut Child Abuse (DCF) Hotline hotline for reporting suspected or known child abuse or neglect	800-842-2288
Hartford Interval House, Inc. - Domestic Violence Hotline	860-527-0550
Manchester Domestic Violence - Interval House East 239 East Middle Turnpike, Manchester, CT 06040	satellite office 860-645-4034 24 hour hotline 860-645-4033
Parents Anonymous ( <a href="http://www.parentsanonymous.org">www.parentsanonymous.org</a> ) free and confidential service for parents who want help changing the way they interact with their children . Support group for parents and caregivers under stress	800-244-5373
Rockville Superior Court, Juvenile Matters, 25 School Street, Vernon, CT 06066	860-872-7143
<b><u>Information / Referral</u></b>	
Childcare <b>Infoline</b> ( <a href="http://www.ct-info.com">www.ct-info.com</a> ) referral services and current listings of all state licensed childcare and family daycare, nursery school programs, playgroups and camp programs. Mon-Fri, 8 am to 5 pm	<b>211</b>
Child Support Hotline(State of Connecticut) reporting information on neglected child support payments, advocacy services	800-228-KIDS
Community Child Guidance Clinic, 317 North Main Street, Manchester, CT 06040 outpatient referral clinic - birth to 18 years	860-643-2101
Connecticut Child Development Infoline ( <a href="http://www.birth23.org">www.birth23.org</a> ) Birth to Three - for children birth to 3 years of age with developmental delays or disabilities Help Me Grow - for children birth to age 5 considered at risk for developmental of behavioral problems Preschool Special Education Program for children ages 3 through 5 who need special education services	800-505-7000
Connecticut Department of Consumer Protection ( <a href="http://www.state.ct.us/dcp">www.state.ct.us/dcp</a> ) handles complaints about products such as toys and baby equipment	800-842-2649
Connecticut Department of Social Services (DSS) ( <a href="http://www.dss.state.ct.us">www.dss.state.ct.us</a> ) 699 East Middle Turnpike, Manchester, CT 06040 temporary assistance for needy families, employment services, hours M – F, 8:30 am – 4:30 pm	860-647-1441
Consumer Product Safety Commission ( <a href="http://www.cpsc.gov">www.cpsc.gov</a> ) to check on product recalls such as toys and baby equipment	800-638-2772
Family Relations Division, Superior Court, 20 Park Street, Rockville, CT 06066 provides phone numbers for all family matters	860-870-3230
Legal Aid statewide legal services for income eligible persons needing free legal assistance Vernon – for seniors only	800-453-3320 860-541-5000
National Center for Missing and Exploited Children ( <a href="http://www.missingkids.com">www.missingkids.com</a> ) assists law enforcement and parents to locate missing children by obtaining leads, providing posters and flyers, etc.	800-843-5678
State of Connecticut <b>InfoLine</b> free information on health and social services on a variety of topics; also in Spanish	<b>211</b>

# COUNSELING / SUPPORT / INFORMATION REFERRAL

## Counseling & Support

- ALANON-Alateen ([www.al-anon-alateen.org](http://www.al-anon-alateen.org), [www.ct-al-anon.org](http://www.ct-al-anon.org)) 888-825-2666  
to help families living with the effects of a parent's or spouse's problem drinking  
Alanon and Alateen meetings - Sundays, 7:30 PM, Rockville General Hospital, cafeteria level  
31 Union Street, Rockville, CT 06066  
Alanon - additional meeting - Wednesdays, 8:00 PM, St John's Episcopal Church,  
523 Hartford Turnpike, Route 30, Vernon, CT 06066
- Birthright, 914 Main Street, East Hartford, CT 06118 ([www.birthright.org](http://www.birthright.org)) 800-550-4900  
provides confidential pregnancy tests, supportive counseling for any girl or woman  
distressed by her pregnancy - an abortion alternative
- Catholic Family Services, Capital Region, 896 Asylum Street, Hartford, CT 06105 ([www.cccfs.org](http://www.cccfs.org)) 860-522-8241  
adoption services, pregnancy counseling, childcare and youth programs,  
family mental health counseling
- Connecticut Department of Children and Families (DCF) ([www.state.ct.us/dcf](http://www.state.ct.us/dcf)) 860-566-2497  
364 West Middle Turnpike, Manchester, CT 06040 24 Hotline 800-842-2288  
provides various services to Connecticut's children, youth, and  
families with emphasis on protection of children and support of family unit
- Department of Families and Children (DCF) Foster Care Agencies, 860-555-6469  
505 Hudson Street, Hartford, CT 06106 888KIDHERO  
Vernon Social Services, information referral
- ECHN Family Resource Center ([www.echn.org](http://www.echn.org)) 860-646-1222  
Early Head Start, Healthy Families, First Steps, Teen Parent Support Group, Dads Support Group ext. 2450  
Family Development Center, Maple Street School, 20 Maple Street, Rockville, CT 06066 860-875-5771  
young parent program
- Family Relations, 428 Hartford Turnpike, Vernon, CT 06066 860-872-4088  
custody issues, counseling for families in crisis where there has been domestic violence
- Genesis Mental Health Crisis Hotline  
Mobile Crisis – 24 hour crisis intervention 877-884-3571  
Manchester Office: 330 Broad Street, Manchester, CT 06040 Mon-Fri, 9:00 am-5:00 pm 860-646-3888  
Rockville Office: 43 West Main Street, Suite 3 & 4, Vernon, CT 06066 860-871-8227  
Monday – Friday 9 am to 5 pm, adults and children
- Hockanum Valley Community Council, 155 West Main Street, Vernon, CT 06066 860-872-9825  
family and child counseling, food vouchers
- Kidsafe, 19 Elm Street, Vernon, CT 06066 ([www.townusa.com/kidsafect](http://www.townusa.com/kidsafect)) 860-872-1918  
parent aids, stress management classes, child advocacy teams
- Manchester Association for Retarded Citizens (MARC) 860-953-8335  
376 R West Middle Turnpike, Manchester, CT 06040 or 860-646-5718  
offers services to citizens with mental retardation and their families
- Manchester Memorial Hospital Mental Health Clinic, 71 Haynes Street, Manchester, CT 06040 860-646-1222  
Monday – Friday 8:00 am – 7:30 pm ext. 6827
- Manchester Police Domestic Violence Hotline 860-643-3334
- Manchester Memorial Hospital Community Crisis Center – crisis intervention 860-647-4766  
71 Haynes Street, 3<sup>rd</sup> Floor, Manchester, CT 06040 or 860-647-3483
- Red Cross - Emergency Food, Clothing, Shelter for Natural Disaster Situations 860-875-3377  
25 Terrace Street, Vernon, CT 06066

## HOSPITAL EMERGENCY NUMBERS

- Hartford Hospital Emergency Room 860-545-5000  
Johnson Memorial Hospital Emergency Room 860-684-8111  
Manchester Memorial Hospital Emergency Room 860-647-4777  
Rockville General Hospital Emergency Room 860-872-5291  
St. Francis Hospital Emergency Room 860-714-4001  
Connecticut Children's Medical Center 860-545-9000

## NUTRITION

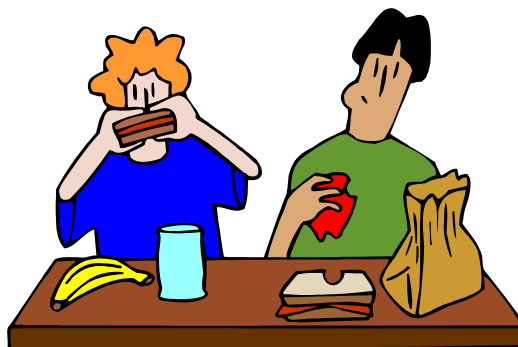
Cornerstone Soup Kitchen of Rockville, 15 Prospect Street, Rockville, CT 06066 food resources	860-871-1823
Food Stamps – State of Connecticut Department of Social Services 699 East Middle Turnpike, Manchester, CT 06040 federal program designed to give low income households extra money to purchase food	860-647-1441
Hockanum Valley Community Council, Inc., 155 West Main Street, Vernon, CT 06066 Tri Town food pantry, food vouchers, family and child counseling	860-872-9825
La Leche League local leaders provide breast feeding information, support and encouragement Tolland – meets 3 <sup>rd</sup> Wednesday of the month 10:00 am Ellington – meets 2 <sup>nd</sup> Monday at 7:30 pm, Hall Memorial Library, Ellington	contact Jane 860-872-8372 contact Erin 860-875-1459

### **Parks and Playgrounds**

Parks and Recreation Department, 120 South Street, Vernon, CT 06066 offers youth cultural and athletic activities including summer camps, trips and special events (www.vernonct.com/parkrec.htm)	860-870-3520
Boulder Ridge Park – contact Parks and Rec Dept for more information the site consists of a soccer field located on 18.6 acres	860-870-3520
Center 375, 375 Hartford Turnpike – contact Parks and Rec Dept for more info swimming pool, spray pool, teen center lighted softball field, playscape and gymnasium	860-870-3520
Central Park, Union Street – contact Parks and Rec Dept for more info a community park with park benches and a historical memorial. Central Park hosts the lunchtime summer concert series	860-870-3520
Dart Hill Park, Dart Hill Road – contact Parks and Rec Dept for info the sites consists of a picnic area, pavilion, play fields, hiking and playscape	860-870-3520
Henry Park, South Street – contact Parks and Rec Dept for more info sports fields, tennis court, pool, spray pool, picnic areas, playground, playscape, sledding hill. Memorial Tower - tower hours Wed 6pm-8pm, Sat and Sun 1pm to 4pm, Memorial Day to Oct 21	860-870-3520
Lafayette Park, Hartford Turnpike – contact Parks and Rec Dept for info a community park with a monument	860-870-3520
Legion Field, Regan Road – contact Parks and Rec Dept for more info 3 little league fields, sports fields, basketball court, picnic area, concession stand, and restrooms	860-870-3520
Newhoca Park & Camp Newhoca, Greir Road – contact Parks and Rec Dept for more info public beach, picnic area, basketball court, and a Parks & Rec summer camp site	860-870-3520
Rail to Trails, throughout the town – contact Parks and Rec Dept for more info trail system for walkers, runners, bicyclists, and cross country skiing	860-870-3520
Talcott Park, Union Street – contact Parks and Rec Dept for more info a community park with park benches and plenty of shade	860-870-3520
Tankerhoosen & Phoenix Mill Parks, 7 Phoenix Street – contact Parks and Rec Dept for more info the site consist of fishing and trails	860-870-3520
Valley Falls Park, Valley Falls Road – contact Parks and Rec Dept for more info fishing, picnic area, pavilion, public beach, hiking, nature trails, Braille trail, and restrooms	860-870-3520
Village Park, Village Street – contact Parks and Rec Dept for more info park is currently under construction	860-870-3520
Walker’s Reservoir, Valley Falls Road – contact Parks and Rec Dept for more info 13.1 acres, the sit consists of fishing with handicapped fishing ramp and trails	860-870-3520
West Main Street Park, West Main Street – contact Parks and Rec Dept for more info 1 acre, basketball court and playground	860-870-3520

## PROGRAMS / ACTIVITIES

Central Connecticut Multiples Connection 540 Silas Deane Highway, Wethersfield, CT Meets on the second Thursday of the month, 7:15 pm	contact Anne Marie 860-666-3407
ECHN's Family Development Center, Maple Street School, 20 Maple Street, Vernon, CT 06066 offers playgroups and parenting classes	860-875-5771
Ellington Youth Services Bureau, Ellington Town Annex, 57 Main Street, Ellington, CT 06029	860-870-3130
4 H Club, 24 Hyde Ave., Route 30, Vernon, CT 06066 various animal clubs and small engine club provide learning opportunity for children	860-875-3331
Indian Valley YMCA, 375 Hartford Turnpike, Vernon, CT 06066	860-872-7329
Mom's Club - Stay at home moms ( <a href="http://www.geocities.com/momsclubofmanchester">www.geocities.com/momsclubofmanchester</a> ) Manchester - Vernon Mom's Club  Ellington - Tolland Mom's Club	contact Amy 860-533-9154 or Lisa 860-432-3784 contact Jen 860-870-8569
Mothers of Multiples 1235 Forbes Street, Goodwin School, East Hartford, CT 06118 Meets on the third Wednesday of the month, 7:00 pm, September through June	contact Christina 860-568-8587
Nutmeg Big Brothers-Big Sisters of Connecticut, 392 Merrow Road Route 195, Tolland, CT 06084 one on one mentoring service for children ages 6 to 18	860-896-0897
Rockville Public Library, 52 Union Street, Vernon, CT 06066 ( <a href="http://www.biblio.org/rockville">www.biblio.org/rockville</a> ) offers story hours suitable for 2 – 5 year olds; call for days and times	860-875-5892
Scouting Connecticut Valley Girl Scout Council: Alyce Littmon-Teal, Membership development director Daisies - age 5, Brownies - ages 6 & 7, Juniors - ages 8 through 12	860-522-0163 ext. 247
Cub Scouts for boys grades 1 - 5	Jeff, Cubmaster 860-647-7631
Boy Scouts for boys grades 5 - 12	Jim, Scoutmaster 860-875-2440
Salvation Army - Vernon Social Services, 114 Franklin Park West, Vernon, CT 06066 Camp ConnRi - overnight camp for children ages 6 to 11	860-896-2375
The More the Merrier - meets at St. Francis Hospital, 95 Woodland Street, Hartford, CT 06105 for parents of all multiples, guest speakers, children welcome meets on the third Thursday of the month, 10:00 am-11:30 am	860-714-6094
Vernon Youth Services Bureau, 9 Elm Street, Vernon, CT 06066 information and referral to community resources after school programs Mon, Tues, Th 3:00 pm - 4:45 pm, grades 1-6, offers 4 - ten week sessions summer program – Super Kids summer fun program, grades 1-7, offers 2 - four week sessions	860-870-3555
Salvation Army - Vernon Social Services, 114 Franklin Park West, Vernon, CT 06066 emergency food vouchers	860-896-2375
WIC (Women, Infant and Children), 11 Park Street, Vernon, CT 06066 food assistance and nutritional counseling for children, birth to 5 years old, and pregnant, breastfeeding and postpartum women	860-875-0602





## The Vernon School Readiness Council

The Vernon School Readiness Program was created in 1997 by the School Readiness grant designed to provide low cost day care for families in need of financial assistance. The Hockanum Valley Child Care Center provides the day care for the grant.

The Hockanum Valley Child Care and School Readiness Program is beginning its 31st year of providing quality early childhood services to Vernon children and families. Following the passage of the School Readiness Initiative by the state legislature in 1997, Hockanum Valley became the recipient of state school readiness funding to provide classroom spaces for qualified children and families.

Brain research has shown that young children learn approximately 2-1/2 times faster than adults. Other studies have shown that children who have quality preschool experiences get better grades in school, better scores on standardized tests, have better school attendance, and lower rates of juvenile delinquency. The school readiness legislation created the funding to help provide classroom spaces to make these quality experiences happen. The legislation also provided a framework to link up and strengthen a wide variety early childhood and family services within a given community, and the Vernon School Readiness Council is composed of representatives from such agencies. For more information you can reach the program at 872-9676.

In addition, the grant established a School Readiness Council to promote the needs of school readiness skills for preschool children in Vernon. Our mission statement:

***To ensure that families with young children who live in the Rockville/Vernon community have access to information and/or services, which will serve to increase their child's readiness for school and their ability to be successful in their new and exciting lifelong educational journey***

The Vernon School Readiness Council plans activities and events that help provide parents and children with information about resources available regarding the transitions that occur during early childhood years up to second grade. The Council consists of members of various service agencies throughout town such as Vernon Youth Services, Vernon Social Services, the Vernon School Board of Education, Head Start, and ECHN as well as parent representatives. For more information, contact Alan Slobodien at (860) 870-3557☺

Planned Parenthood, 419 Middle Turnpike West, Manchester, CT 06040 (www.ppct.org) 860-643-1607  
the source for medically accurate information and education on sexuality and sexual health topics,  
birth control, pregnancy, HIV and other sexually transmitted diseases, abortion

Rockville General Hospital Family Planning, 31 Union Street, Rockville, CT 06066 860-872-5170

Tolland County AIDS Consortium, Visiting Nurses Health Service of Connecticut 860-872-9163  
8 Keynote Drive, Vernon, CT 06066

Vernon Area Community Health Center (VACHC) (www.ctpca.org/vernon\_area.htm) 860-875-6199  
43 West Main Street, Vernon, CT 06066  
healthcare services for adults and children, family planning, drug testing and substance abuse  
referrals, HIV/AIDs counseling and testing

### **Dental**

Dental Clinic at Vernon Area Community Health Center, 43 West Main Street, Vernon, CT 06066 860-870-8117  
for ages 2 and up, hours Monday through Friday, 9:00 am to 5:00 pm or 860-870-8001

Hartford Hospital Dental Clinic, 79 Retreat Avenue, Hartford, CT 06106 Mon-Fri, 8:00 am to 4:30 pm 860-545-2700

UCONN School of Dental Medicine 8:00 am to 4:00 pm 860-679-2325  
263 Farmington Avenue, Farmington, CT 06032 after 4:00 and weekends 860-679-2000

# FOR PARENTS: EMPLOYMENT / JOB TRAINING / EDUCATION

## Employment / Job Training

Capital Region Education Council, 111 Charter Oak Avenue, Hartford, CT 06106 (www.crec.org) coordinates regional education	860-247-2732
Connecticut Department of Social Services, 699 East Middle Turnpike, Manchester, CT 06040 financial assistance, child support enforcement, hours M – F, 8:30 am – 4:30 pm	860-647-1441 child support 860-649-8344
Connecticut Works (www.ctdol.state.ct.us/ctworks) 587 East Middle Turnpike, Manchester, CT 06040 education, work training, job listings and employment	860-649-4558
Department of Labor (www.ctdol.state.ct.us) 587 East Middle Turnpike, Manchester, CT 06040 unemployment services	860-649-4558

## Education

Literacy Volunteers of America, Connecticut River East, 81 Woodland Circle, 2 <sup>nd</sup> Floor, East Hartford, CT 06108 teach reading and writing skills and English as a second language	860-528-7422
Manchester Community College (www.mcc.commnet.edu/) 60 Bidwell Street, Manchester, CT 06040 continuing education	860-647-6000
Vernon Regional Adult Education, 30 Park Street, Vernon, CT 06066 offers various adult education programs, including English as a second language, continuing education classes, GED, citizenship, and college transition, as well as job training	860-870-6048

## Miscellaneous

Cornerstone Foundation Clothing Bank, 3 Prospect Street, Rockville, CT 06066 Cornerstone Community Center, Wednesday 8:00 am to 12:00 noon clothing for all ages distributed free whenever there is a need; also available to victims of fire	860-871-1823
Good Cents, 30 Lafayette Street, Vernon, CT 06066 affordable second-hand merchandise	860-871-1959
Salvation Army, 166 Union Street, Vernon, CT 06066 thrift store	860-872-1434



# HOUSING / ENERGY ASSISTANCE

## Housing

The Cornerstone - Vern Cook Family Home, 121 Prospect Street, Vernon, CT 06066 housing for young women experiencing family difficulties ( <a href="http://www.thecrossing.com/cs.htm">www.thecrossing.com/cs.htm</a> )	860-871-1823
Eviction Prevention Program through Access Agency, 1315 Main Street, Willimantic, CT 06226	800-260-0400
Federal Subsidized Housing	
Dobbs Crossing, 1170 Hartford Turnpike, Vernon, CT 06066	860-872-1713
Sleeping Giant, 1238 Hartford Turnpike, Vernon, CT 06066	860-875-2167
Park West Apartments, 178 Terrace Drive, Vernon, CT 06066	860-875-1234
Guarantee Security Deposit Program	860-647-1441
State of Connecticut Department of Social Services 699 East Middle Turnpike, Manchester, CT 06040	
Housing Education Resources Center, 901 Wethersfield Avenue, Hartford 06114 landlord, tenant problems	860-296-4242
Housing Issues – Statewide Legal Services	800-453-3320
Limited Rental Assistance	860-896-2375
Vernon Social Services, 114 Franklin Park West, Vernon, CT 06066	
Vernon Housing Authority, P.O. Box 963 21 Court Street, Vernon, CT 06066	860-871-0886
	Section 8 860-872-4255
Tri Town Emergency Shelter, 1 Prospect Street, Vernon, CT 06066	860-875-9702

## Energy Assistance

State of Connecticut Energy Hotline information on energy assistance	800-842-1132
Vernon Social Services, 114 Franklin Park West, Vernon, CT 06066 Connecticut Energy Assistance Program help to low income households to pay winter heating bills	860-896-2375
Tri Town Fuel Bank, Operation Fuel NUSTART/Yankee Gas Forgiveness Program payment incentive program for CL&P hardship customers receiving energy assistance offered through Northeast Utilities	

## Education - Vernon Public Schools

Administration Building, 30 Park Street, Vernon, CT 06066	860-870-6001
Center Road School, 20 Center Road, Vernon, CT 06066	860-870-6300
Lake Street School, 201 Lake Street, Vernon, CT 06066	860-870-6085
Maple Street School, 20 Maple Street, Vernon, CT 06066	860-870-6175
Northeast School, 69 East Street, Vernon, CT 06066	860-870-6080
Rockville High School, 70 Loveland Road, Vernon, CT 06066	860-870-6050
Skinner Road School, 90 Skinner Road, Vernon, CT 06066	860-870-6180
Talcottville School, 97 Main Street, Vernon, CT 06066	860-870-6090
Vernon Center Middle School, 777 Hartford Turnpike, Vernon, CT 06066	860-870-6070



# CHILD CARE / CLASSES

## Childcare

Apple Tree Learning Center Inc., 170 Hartford Turnpike, Vernon, CT 06066 serving ages birth to 12 years	860-643-2757
Community Nursery School of Talcottville, 10 Elm Hill Road, Vernon, CT 06066 serving ages 4 to 5 years	860-646-4368
EASTCONN Vernon Head Start, 23 Elm Street, Vernon, CT 06066 serving ages 15 months to 4 years	860-870-3743
Edna's Art and Learning Center, 288 Talcottville Road, Vernon, CT 06066 serving ages birth to 12 years	860-871-0642
Grove Street Corner Preschool, Rockville Methodist Church, 142 Grove Street, Vernon, CT 06066 serving ages 3 to 5 years	860-875-6562
Happy Hours Child Care Center, 410 Talcottville Road, Route 83, Vernon, CT 06066 serving ages birth to 12 years	860-875-6012
Hockanum Valley Child Day Care, (and School Readiness Program) First Congregational Church of Vernon, 695 Hartford Turnpike, Vernon, CT 06066 serving ages 3 to 5 years	860-872-9676
Indian Valley YMCA, 375 Hartford Turnpike, Vernon, CT 06066 offering child care at various locations:	860-872-7329
Lake Street School, 201 Lake Street, Vernon, CT 06066 before and after school child care, serving ages 5 to 12 years	860-645-8205
Preschool, 375 Hartford Turnpike, Vernon, CT 06066 preschool childcare, nursery school, serving ages 6 months to 5 years	860-872-7329
Maple Street School, 20 Maple Street, Vernon, CT 06066 before and after school child care, serving ages 5 to 12 years	860-870-6176
Northeast School, 69 East Street, Vernon, CT 06066 before and after school child care, serving ages 5 to 12 years	860-872-1299
Center Road, 20 Center Road, Vernon, CT 06066 before and after school child care, serving ages 5 to 12 years	860-875-2793
Kid's Academy Child Care Center of Vernon, 180 Regan Road, Vernon, CT 06066 serving children ages 6 weeks to 10 years	860-870-7529
The Potter's House, Inc., (and Early Head Start) 74 Brooklyn Street, Vernon, CT 06066 serving ages birth to 12 years	860-872-1819
Trinity Cooperative Pre-School, Trinity Lutheran Church, Hartford Turnpike and Meadowlark Road, Vernon, CT 06066 serving ages 3 to 5 years	860-875-2170
Vernon Public School Preschool, Center Road School, 20 Center Road, Vernon, CT 06066 preschool childcare - includes role model program and program for children with developmental delays	info 860-870-6029

## Classes

ECHN's Family Resource Center, Maple Street School, 20 Maple Street, Vernon, CT 06066 offers playgroups and parenting classes	860-875-5771
Vernon Regional Adult Education, 30 Park Street, Vernon, CT 06066 high school classes for pregnant and/or new parents held at Rockville High School daycare space provided for 8 babies	contact Nancy Davis 860-870-6060

## Miscellaneous

Care 4 Kids, 60 Hartland Street, Suite 4A, East Hartford, CT 06108 childcare subsidy program in Connecticut	888-214-5437
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